

If your Company has: { 2 or more employees

And it is interested in: { motivating its employees

Médís Corporate Plan is the solution!

It gives the Company's Employees an incomparable benefit through the access to Médís Healthcare Integrated System.

Discover all the advantages Médís Healthcare Integrated System has to provide.

Médís Line

24h/7days call center operated by nurses who provide healthcare information and counseling to customers.

21 845 88 88

Médico Assistente Médís

A personal primary care physician with at least 10 years of professional experience, who is available in person or by phone, for all Médís Clients assigned to him.

Médís Providers Network

Over 6.000 Doctors of several specialties, 90 Hospitals, 600 Clinics, 50 Emergency and Permanent Healthcare Services and 1.500 Auxiliary Exam Centers.

Health & Well-Being Network



Médís Card gives the access to discounts in entities that have agreements with Médís, such as Health & Fitness Clubs, Thermal centres, Opticians and Home Healthcare Providers, amongst others. The Médís Clients will also be entitled to a full Check-up, with favorable conditions.

Médís Card



A personalized Card that identifies the customers as a Médís Client and gives them access to all Healthcare Providers within the Network. With it, all network Providers will be able to invoice Médís directly for the service provided (after co-payments). Allows you to have access to dental providers with favorable conditions (plans without dental coverage).

Médís Spaces



An autonomous space, developed in a logic of self-service and available 24 hours a day. In this space, customers have access to information, through the site, by using the touchscreen available. They can also contact directly the Médís Line by phone or send documents to Médís using the local mailbox.

2nd Opinion

With high quality medical service*, the University of Navarra Clinic provides, through its experts, the confirmation of a diagnosis or treatment.

*accreditation by Joint Commission International

Médís website www.medis.pt

Through the website Médís Clients have access to their health plan, the insurance conditions and incurred expenses. Outside network expenses can be submitted through the website being refunded until 72 hours after the reception of the originals. They can also view the Guide Médís with all health care providers in the network.

Médís APP



With the Médís APP the customers have access to the Medical Guide, the Health & Well-Being Network guide and to their personal area. The App also provides the Digital Médís Card, 24 hours a day.

Health Information



Médís is closer to the families through to Facebook page. In Médís Kids page you can get info on health basics for children, also promotes well-being and family fun, through tips, hints and contests. Médís Kids prevents diseases before they grow up!

5 Options with different Coverages and Capitals to better suit your needs

Médís SME Healthcare System	Inpatient	Option A	Option B	Option C	Option D
Covers					
Inpatient	€ 15.000,00	€ 15.000,00	€ 30.000,00	€ 50.000,00	€ 500.000,00
Birth	-	€ 1.500,00	€ 2.000,00	€ 5.000,00	€ 5.000,00
2 nd Opinion ⁽¹⁾	Yes	Yes	Yes	Yes	Yes
Outpatient Assistance	-	€ 1.000,00	€ 2.500,00	€ 3.000,00	€ 5.000,00
Dental	-	-	€ 250,00 (Optional)	€ 500,00 (Optional)	€ 1.000,00
Prosthetic Devices and Orthosis	-	-	-	€ 300,00 ⁽⁵⁾ (Optional)	€ 500,00
International - University Navarra of Clinic ⁽²⁾	-	-	-	Unlimited	Unlimited
Barcelona - Berlin - EUA ⁽³⁾	-	-	-	€ 50.000,00	€ 50.000,00
Other Clinics	-	-	-	-	-
Serious Illness ⁽⁴⁾	-	-	€ 1.000.000,00 ⁽⁶⁾ (Optional)	€ 1.000.000,00 (Optional)	€ 1.000.000,00
Percentage paid by Médís					
In network (after co-payments)	100 %	100 %	100 %	100 %	100 %
Out network	30 %	30 %	30 %	35 %	35 %
Dental Prosthesys ⁽⁷⁾	-	-	50% In network 30% Out network	50% In network 35% Out network	50% In network 35% Out network
Prosthetic Devices and Orthosis ⁽⁷⁾	-	-	-	80% In network 35% Out network	80% In network 35% Out network
International - University of Navarra Clinic ⁽²⁾	-	-	-	100 %	100 %
Barcelona - Berlin - EUA ⁽³⁾	-	-	-	80 %	80 %
Other Clinics	-	-	-	60 %	60 %
Serious Illness ⁽⁴⁾	-	-	-	100 %	100 %
Sub-Limits					
Physiotherapy	-	€ 500,00	€ 500,00	€ 500,00	€ 500,00
Psychiatry Appointments	-	6 individual or 12 group	6 individual or 12 group	6 individual or 12 group	6 individual or 12 group
Ophthalmic Orthosis	-	-	-	€ 120,00	€ 200,00
Frames	-	-	-	€ 50,00	€ 80,00
Lenses	-	-	-	€ 35,00	€ 60,00
Contact Lenses	-	-	-	€ 35,00	€ 60,00
Co-payments					
Inpatient	10% minimum € 200,00 and maximum € 500				
Birth	-	€ 250,00	€ 250,00	€ 250,00	€ 250,00
Primary Care appointments	-	€ 15,00	€ 15,00	€ 15,00	€ 15,00
Specialty appointments	-	€ 15,00	€ 15,00	€ 15,00	€ 15,00
Urgency	-	€ 40,00	€ 40,00	€ 40,00	€ 40,00
Home Medical visits	-	€ 25,00	€ 25,00	€ 25,00	€ 25,00
Blood Tests (each)	-	€ 1,50	€ 1,50	€ 1,50	€ 1,50
Pathology Anatomy	-	€ 7,50	€ 7,50	€ 7,50	€ 7,50
X-ray	-	€ 7,50	€ 7,50	€ 7,50	€ 7,50
Sound scan	-	€ 12,50	€ 12,50	€ 12,50	€ 12,50
Nuclear medicine	-	10%	10%	10%	10%
CT	-	€ 27,50	€ 27,50	€ 27,50	€ 27,50
Magnetic Resonance Imaging	-	€ 65,00	€ 65,00	€ 65,00	€ 65,00
Dental (per procedure) ⁽⁷⁾	-	-	€10,00	€10,00	€10,00
Other exams	-	10%	10%	10%	10%
Surgeries and other medical procedures in Outpatient	-	10%	10%	10%	10%
Deductibles					
International - Others Clinics	-	-	-	€ 1.500,00/ per family per year	€ 1.500,00/ per family per year

⁽¹⁾ Service provided by the University of Navarra Clinic, available through Médís Line.

⁽²⁾ Médís will pay the full amount of those Health expenses that were previously authorized and, in inpatient, it will also pay the Insured Person and one companion for their accommodations and travel expenses by airplane (regular class), train or car (only includes gas, tolls and accommodations for one night in the trip to the institution and another in the trip back).

⁽³⁾ Barcelona Centro Médico (Spain); Deutsches Herzzentrum Berlin (German); Johns Hopkins Clinic (EUA).

⁽⁴⁾ All Medical Expenses covered by this cover will only be accepted if services were rendered, outside of Portugal. The Serious Illnesses under this coverage are listed in contractual terms.

⁽⁵⁾ Optional Dental and Serious Illness covers subscription is mandatory.

⁽⁶⁾ Optional Dental cover subscription is mandatory.

⁽⁷⁾ Applies only when the optional cover is contracted.

Quantity discount

Between 11 and 20 insured people 5%
Between 21 and 50 insured people 10%
More than 50 insured people 15%

People to Include in the Insurance

• Managers and Partners • Employees • Family members

Subscription Conditions

- Each contract must include a minimum of 2 employees;
- Likewise, each Plan (option) must include a minimum of 2 employees;
- The inclusion in the policy is conditioned to Medical underwriting, based on Medical questionnaire analysis and of any additional required information.

Age Limits

- Subscription :Age limit is 64 years old;
- Permanence: There is no age limit for permanence in the insurance if subscribed before 55 years. If subscribed after the age of 55 the age limit for permanence in the insurance is 67 years old, there will be no age limit - provided the insured person shifts to an Individual Plan Option 3 by the age of 67.

Waiting Periods

60 days - Outpatient Assistance (including Dental and Prosthetic Devices and Orthosis)

90 days - Inpatient

180 days

- Serious Illness Coverage
- Surgical or other invasive treatment of benign prostatic hypertrophy, benign uterus condition, cystocele and rectocele;

365 days:

- Birth;
- Surgical treatment of varicose veins of lower members and of herniated disk;

365 days (continuous):

- Haemorrhoidectomy and other haemorrhoid treatments as well as the treatment of the perianal fistula;
- Treatment of joint pathology by arthroscopy;
- Tonsillectomy, adenoidectomy, myringotomy with or without ventilating tubes, septoplasty, rhinoseptoplasty and surgical treatment for sleep apnea;
- Surgical excision of cutaneous or subcutaneous benign lesions and laser treatments of benign skin lesions;

International Cover - University of Navarra Clinic

Option C and D - Médis will pay the full amount of those Health expenses that were previously authorized and, in inpatient, it will also pay the Insured Person and one companion for their accommodations and travel expenses by airplane (regular class), train or car (only includes gas, tolls and accommodations for one night in the trip to the institution and another in the trip back).

Option Inpatient, A and B - Médis Customers without international coverage, will have access to a 15% discount on appointments and other medical exams.

Does not relieve a careful reading of the pré-contractual and contractual conditions legally required.

Insurer: Ocidental - Companhia Portuguesa de Seguros, S.A. Public Limited Company with its head office in Av. Dr. Mário Soares (Tagus Park), Edifício 10, Piso 1, 2744-002 Porto Salvo, tax nr. 501836918 and registered with this same number in the Lisbon Trade Registry, with a share capital of €12.500.000,00.

Médis: exclusive and registered brand of the products managed by Médis - Companhia Portuguesa de Seguros de Saúde, SA, insurance company, reinsurer and manager of the healthcare integrated system subjacent to the insurance, through Policies issued by itself or by other insurance companies authorised by it to do so. Entity legally authorized for the conduct of the activity in the non-life insurance.