

Médís Health Insurance

There is a  
new way of  
thinking about  
health.

And a new  
Médís that  
thought of  
everything.



### Médís Health Insurance

At Médís we believe that Health must be thought 360°, and that each person can benefit from a more complete, simple and digital Personal Health Service.

Because it is when we least expect it that it is better to have an insurance that thought of everything.

### Médís Line

Nurses available by phone 24h a day. 365 days a year. A permanent healthcare information advice and referral health service.

**Linha médís** 218 458 888  
Apoio 24 horas

Cost of a call to the national fixed network  
Clinical triage: personalised care by nurses 24 hours a day  
Administrative issues: Monday to Friday from 8:00am to 8:00pm



### Médís Network

An extensive Network comprising more than 13.000 doctors and more than 8.000 locations where you can schedule appointments and carry out examinations, treatments or surgeries. A high-quality Network that covers the entire national territory.



### Médís website and Médís App

With the Médís Website and App, you have access to your Health Plan and can check your coverages' limits and the providers guide.



### Médís Medical assistant

A dedicated doctor allowing you to benefit from permanent follow-up through appointments or by phone.



### Stomatology Network

Through the Médís card you can access a quality Network of national coverage with advantages in their appointments and treatments.



### Médís Pharmacies Network

As a Médís customer, several pharmacy services are placed at your disposal, close to your home, with the usual comfort and reliability. The Médís guide lists the pharmacies that are part of this Network.



### Online Doctor

Through the Médís App you have access to voice or video consultations, with doctors available 24 hours a day. The appointment can be made immediately or scheduled for the most convenient time.

# Médís Health Insurance

## Vintage and Vintage Plus

Coverages and limits  
available



Coverages	Vintage	Vintage Plus
<b>Inpatient</b>	€ 2.500,00	€ 5.000,00
<b>Outpatient</b>	€ 150,00	€ 250,00
Online Doctor	Yes	Yes
<b>Flu Vaccine <sup>(1)</sup></b>	1 vaccine	1 vaccine
<b>Assistance Services</b>		
Medical check-up	1 check-up	1 check-up
Physiotherapy at home <sup>(2, 3)</sup>	5 sessions	10 sessions
Nursing services at home <sup>(2, 3)</sup>	5 uses	10 uses
Cleaning services & personal hygiene at home <sup>(2)</sup>	5 days	10 days
Food services at home <sup>(2, 4)</sup>	5 days	10 days
Medicines delivery <sup>(5)</sup>	1 delivery	1 delivery
Clinical tests at home <sup>(6)</sup>	1 collection	1 collection
Non-urgent transportation	2 transportations	2 transportations
<b>Serious Illness <sup>(7)</sup></b>	-	€ 1.000.000,00
<b>2<sup>nd</sup> Opinion <sup>(8)</sup></b>	Yes	Yes
<b>Co-payments</b>		
<b>Inpatient</b>	50% (9)	50% (9)
<b>Outpatient</b>	50% (9)	50% (9)
Online Doctor	Without co-payments	Without co-payments
<b>Medical check-up</b>	€ 40,00	€ 40,00

(1) Applicable for the vaccine(s) financed in part by the National Health Service, provided there is a medical prescription and availability in the Pharmacy Network. (2) Provided that the insured person is in situation of dependence on a third person, attested by a medical report. (3) Materials costs are supported by the Insured Person. (4) Food costs are supported by the Insured Person. (5) Medicines costs are supported by the Insured Person. (6) Tests costs are supported by the Insured Person. (7) All Medical Expenses covered by this cover will only be accepted if services were rendered in the Network of Providers agreed outside the national territory. The Serious Illnesses under this coverage are listed in contractual terms. (8) Service provided by the Clínica Universitaria de Navarra, available through Médís Line. (9) Co-payments are supported by the Insured Person, within Médís Network, up to the insurance limits, with no contributions (including through reimbursement) for expenses out of the Médís Network.

## Age limits

<b>Subscription</b>	Between 55 and 75 years
<b>Permanence</b>	There is no age limit

## Grace periods

<b>60 days</b>	Outpatient
<b>90 days</b>	Inpatient; Assistance services
<b>180 days</b>	Serious illness; Surgical or other invasive treatment of benign prostatic hypertrophy, benign uterus condition, cystocele and rectocele
<b>365 days</b>	Surgical treatment of varicose veins of lower members and of herniated disk; Haemorrhoidectomy and other haemorrhoid treatments as well as the treatment of the perianal fistula; Treatment of joint pathology by arthroscopy; Tonsillectomy, adenoidectomy, myringotomy with or without ventilating tubes, septoplasty, rhinoseptoplasty and surgical treatment for sleep apnea; Surgical excision of cutaneous or subcutaneous benign lesions and laser treatments of benign skin lesions

The present document is a translation of the Portuguese version. In case of discrepancy between the versions, the Portuguese version shall prevail. Does not exempt consultation of the legally required pre-contractual and contractual information.

### Insurers:

Ageas Portugal – Companhia de Seguros, S.A. Head office: Praça Príncipe Perfeito 2, 1990-278 Lisboa. Tax number 503 454 109. Comercial Registry Office of Porto. Share Capital of 7.500.000 Euros. ASF Register 1129, [www.asf.com.pt](http://www.asf.com.pt)

Médís: exclusive and registered brand of the products managed by Médís – Companhia Portuguesa de Seguros de Saúde, SA, insurance company, reinsurer and manager of the healthcare integrated system subjacent to the insurance through Policies issued by itself or by other insurance companies authorised by it to do so. Entity legally authorized for the conduct of the activity in the non-life insurance.

**[www.medis.pt](http://www.medis.pt)**