

Médis Health Insurance

There is a
new way of
thinking about
health.

And a new
Médis that
thought of
everything.



Médis Health Insurance

At Médis we believe that Health must be thought 360°, and that each person can benefit from a more complete, simple and digital Personal Health Service.

Because it is when we least expect it that it is better to have an insurance that thought of everything.

Médis Line

Nurses available by phone 24h a day. 365 days a year. A permanent healthcare information advice and referral health service.

Linha médis 218 458 888
Apoio 24 horas

Cost of a call to the national fixed network
Clinical triage: 24-hour assistance by nurses
Administrative issues: Monday to Friday from 8:00am to 8:00pm



Médis Network

An extensive Network comprising more than 13.000 doctors and more than 8.000 locations where you can schedule appointments and carry out examinations, treatments or surgeries. A high-quality Network that covers the entire national territory.



Médis website and Médis App

With the Médis Website and App, you have access to your Health Insurance and can check your coverages' limits and the providers guide.



Médis Medical assistant

A dedicated doctor allowing you to benefit from permanent follow-up through appointments or by phone.



Stomatology Network

Through the Médis card you can access a quality Network of national coverage with advantages in their appointments and treatments.



Médis Pharmacies Network

As a Médis customer, several pharmacy services are placed at your disposal, close to your home, with the usual comfort and reliability. The Médis guide lists the pharmacies that are part of this Network.



Online Doctor

Through the Médis App you have access to voice or video consultations, with doctors available 24 hours a day. The appointment can be made immediately or scheduled for the most convenient time.

Médís Health Insurance Vintage and Vintage Plus

Coverages and limits
available



Coverages	Vintage	Vintage Plus
Inpatient	€ 2.500,00	€ 5.000,00
Outpatient	€ 150,00	€ 250,00
Online Doctor	Yes	Yes
Flu Vaccine ⁽¹⁾	1 vaccine	1 vaccine
Assistance Services		
Medical check-up	1 check-up	1 check-up
Physiotherapy at home ^(2, 3)	5 sessions	10 sessions
Nursing services at home ^(2, 3)	5 uses	10 uses
Cleaning services & personal hygiene at home ⁽²⁾	5 days	10 days
Food services at home ^(2, 4)	5 days	10 days
Medicines delivery ⁽⁵⁾	1 delivery	1 delivery
Clinical tests at home ⁽⁶⁾	1 collection	1 collection
Non-urgent transportation	2 transportations	2 transportations
Serious Illness ⁽⁷⁾	-	€ 1.000.000,00
2nd Opinion ⁽⁸⁾	Yes	Yes
Co-payments		
Inpatient	50% ⁽⁹⁾	50% ⁽⁹⁾
Outpatient	50% ⁽⁹⁾	50% ⁽⁹⁾
Online Doctor	Without co-payments	Without co-payments
Medical check-up	€ 40,00	€ 40,00

(1) Applicable for the vaccine(s) financed in part by the National Health Service, provided there is a medical prescription and availability in the Pharmacy Network. (2) Provided that the insured person is in situation of dependence on a third person, attested by a medical report. (3) Materials costs are supported by the Insured Person. (4) Food costs are supported by the Insured Person. (5) Medicines costs are supported by the Insured Person. (6) Tests costs are supported by the Insured Person. (7) All Medical Expenses covered by this cover will only be accepted if services were rendered in the Network of Providers agreed outside the national territory. The Serious Illnesses under this coverage are listed in contractual terms. (8) Service provided by the Clínica Universitaria de Navarra, available through Médís Line. (9) Co-payments are supported by the Insured Person, within Médís Network, up to the insurance limits, with no contributions (including through reimbursement) for expenses out of the Médís Network.

Age limits

Subscription Between 55 and 75 years

Permanence There is no age limit

Grace periods

60 days Outpatient

90 days Inpatient; Assistance services

180 days Serious illness; Surgical or other invasive treatment of benign prostatic hypertrophy, benign uterus condition, cystocele and rectocele

365 days Surgical treatment of varicose veins of lower members and of herniated disk; Haemorrhoidectomy and other haemorrhoid treatments as well as the treatment of the perianal fistula; Treatment of joint pathology by arthroscopy; Tonsillectomy, adenoidectomy, myringotomy with or without ventilating tubes, septoplasty, rhinoseptoplasty and surgical treatment for sleep apnea; Surgical excision of cutaneous or subcutaneous benign lesions and laser treatments of benign skin lesions

The present document is a translation of the Portuguese version. In case of discrepancy between the versions, the Portuguese version shall prevail. Does not exempt consultation of the legally required pre-contractual and contractual information.

Insurers:

Ageas Portugal – Companhia de Seguros, S.A. Head office: Praça Príncipe Perfeito 2, 1990-278 Lisboa. Tax number 503 454 109. Comercial Registry Office of Porto. Share Capital of 7.500.000 Euros. ASF Register 1129, www.asf.com.pt

Médís: exclusive and registered brand of the products managed by Médís – Companhia Portuguesa de Seguros de Saúde, SA, insurance company, reinsurer and manager of the healthcare integrated system subjacent to the insurance through Policies issued by itself or by other insurance companies authorised by it to do so. Entity legally authorized for the conduct of the activity in the non-life insurance.

www.medis.pt